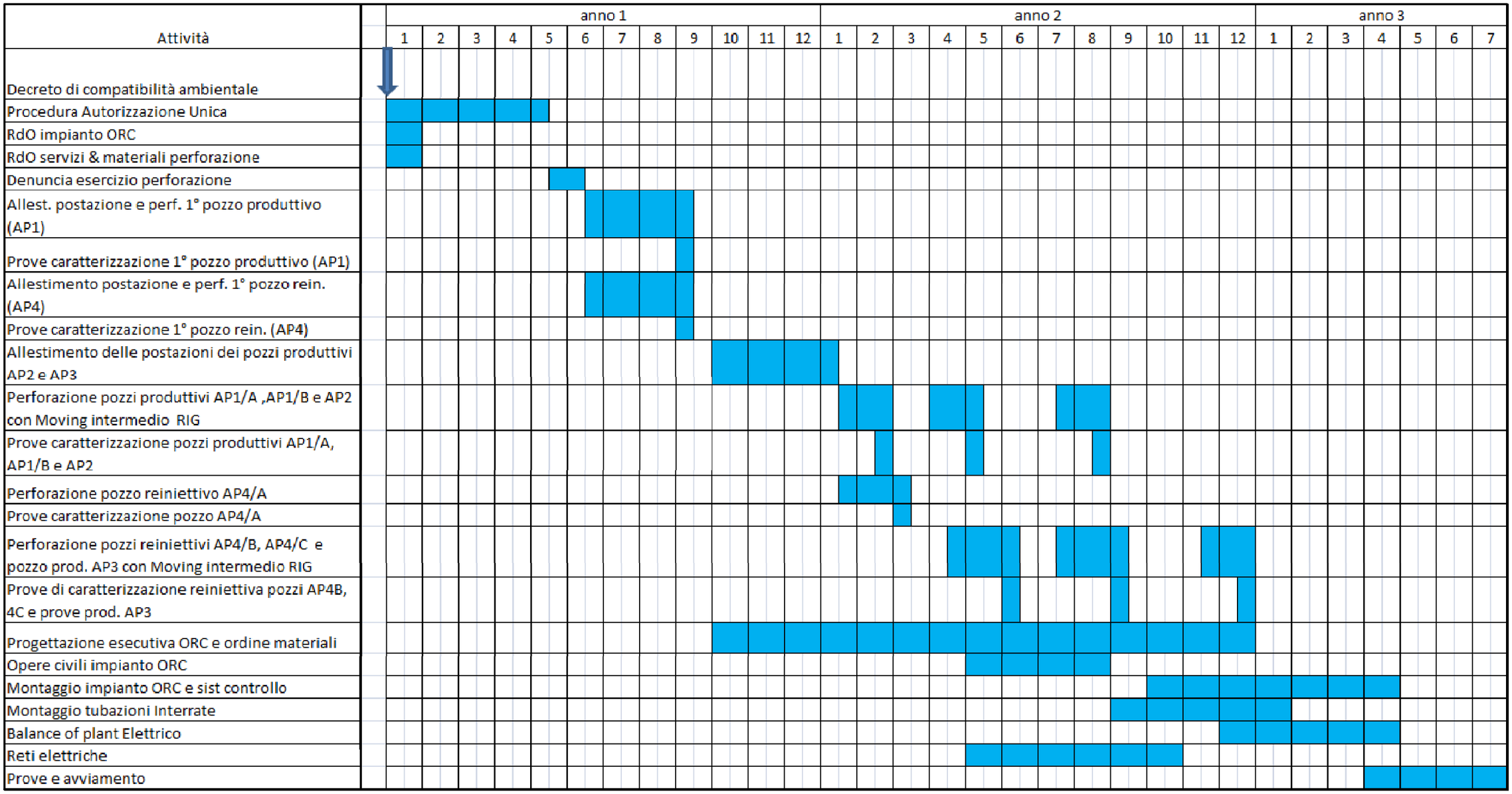Figura 3.4.12.5a *Cronoprogramma*